## Feeling and Form

A THEORY OF ART DEVELOPED FROM

PHILOSOPHY IN A NEW KEY

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## THE GREAT DRAMATIC FORMS: THE COMIC RHYTHM

Of all the arts, the most exposed to non-artistic interpretation and criticism are prose fiction and the drama. As the novel has suffered from being treated as a psycho-biographical document, drama has suffered from moralism. In the theater, most people—and especially the most competent spectators—feel that the vision of destiny is the essence of the work, the thing that unfolds before their eyes. In critical retrospect they forget that this visibly growing future, this destiny to which the persons in the play are committed, is the artistic form the poet set out to make, and that the value of the play lies in this creation. As critics, they treat the form as a device for conveying a social and moral content; almost all drama analysis and comment is concerned with the moral struggle involved in the action, the justice of the outcome, the "case" of society against the tragic hero or the comic villain, and the moral significance of the various characters.

It is true that tragedy usually—perhaps even always—presents a moral struggle, and that comedy very commonly castigates foibles and vices. But neither a great moral issue, nor folly inviting embarrassment and laughter, in itself furnishes an artistic principle; neither ethics nor common sense produces any image of organic form. Drama, however, always exhibits such form; it does so by creating the semblance of a history, and composing its elements into a rhythmic single structure. The moral content is thematic material, which, like everything that enters into a work of art, has to serve to make the primary illusion and articulate the pattern of "felt life" the artist intends.

"The tragic theme" and "the comic theme"—guilt and expiation, vanity and exposure—are not the essence of drama, not even the determinants of its major forms, tragedy and comedy; they are means of dramatic construction, and as such they are, of course, not indispensable, however widespread their use. But they are to European drama what the representation of objects is to painting: sources of the Great Tradition. Morality, the concept of deed and desert, or "what is coming to the doer," is as obvious a subject for the art of creating a virtual future as the depiction of objects is for the art of creating virtual space. The reason for the existence of these two major themes, and for their particular respective contents, will be apparent as soon as we consider the nature of the two great forms, comic drama and tragic.

It is commonly assumed that comedy and tragedy have the same fundamental form, but differ in point of view—in the attitude the poet and his interpreters take, and the spectators are invited to take, toward the action.¹ But the difference really goes deeper than surface treatment (i. e. relative levity or pathos). It is structural and radical. Drama abstracts from reality the fundamental forms of consciousness: the first reflection of natural activity in sensation, awareness, and expectation, which belongs to all higher creatures and might be called, therefore, the pure sense of life; and beyond that, the reflection of an activity which is at once more elaborate, and more integrated, having a beginning, efflorescence, and end—the personal sense of life, or self-realization. The latter probably belongs only to human beings, and to them in varying measure.

The pure sense of life is the underlying feeling of comedy, developed in countless different ways. To give a general phenomenon one name is not to make all its manifestations one thing, but only to bring them conceptually under one head. Art does not generalize and classify; art sets forth the individuality of forms which discourse, being essentially general, has to suppress. The sense of life is always new, infinitely complex, therefore infinitely variable in its possible expressions. This sense, or "enjoyment" as Alexander would call it, is the realization in direct

¹Cf., for instance, the letters of Athene Seyler and Stephen Haggard, published under the title: The Craft of Comedy. Miss Seyler writes: "... comedy is simply a point of view. It is a comment on life from outside, an observation on human nature. ... Comedy seems to be the standing outside a character or situation and pointing out one's delight in certain aspects of it. For this reason it demands the cooperation of ... the audience and is in essence the same as recounting a good story over the dining-table." (P. 9.)

2S. Alexander, Space, Time and Deity. See Vol. I, p. 12.

feeling of what sets organic nature apart from inorganic: self-preservation, self-restoration, functional tendency, purpose. Life is teleological, the rest of nature is, apparently, mechanical; to maintain the pattern of vitality in a non-living universe is the most elementary instinctual purpose. An organism tends to keep its equilibrium amid the bombardment of aimless forces that beset it, to regain equilibrium when it has been disturbed, and to pursue a sequence of actions dictated by the need of keeping all its interdependent parts constantly renewed, their structure intact. Only organisms have needs; lifeless objects whirl or slide or tumble about, are shattered and scattered, stuck together, piled up, without showing any impulse to return to some pre-eminent condition and function. But living things strive to persist in a particular chemical balance, to maintain a particular temperature, to repeat particular functions, and to develop along particular lines, achieving a growth that seems to be preformed in their earliest, rudimentary, protoplasmic structure.

That is the basic biological pattern which all living things share: the round of conditioned and conditioning organic processes that produces the life rhythm. When this rhythm is disturbed, all activities in the total complex are modified by the break; the organism as a whole is out of balance. But, within a wide range of conditions, it struggles to retrieve its original dynamic form by overcoming and removing the obstacle, or if this proves impossible, it develops a slight variation of its typical form and activity and carries on life with a new balance of functions-in other words, it adapts itself to the situation. A tree, for instance, that is bereft of the sunshine it needs by the encroachment of other trees, tends to grow tall and thin until it can spread its own branches in the light. A fish that has most of its tail bitten off partly overcomes the disturbance of its locomotion patterns by growing new tissue, replacing some of the tail, and partly adapts to its new condition by modifying the normal uses of its fins, swimming effectively without trying to correct the list of its whole body in the water, as it did at first.

But the impulse to survive is not spent only in defense and accommodation; it appears also in the varying power of organisms to seize on opportunities. Consider how chimney swifts, which used to nest in crevasses among rocks, have exploited the products of human architecture, and how unfailingly mice find the warmth and other delights of

our kitchens. All creatures live by opportunities, in a world fraught with disasters. That is the biological pattern in most general terms.

This pattern, moreover, does not develop sporadically in midst of mechanical systems; when or where it began on the earth we do not know, but in the present phase of this planet's constitution there appears to be no "spontaneous generation." It takes life to produce further life. Every organism, therefore, is historically linked with other organisms. A single cell may die, or it may divide and lose its identity in the reorganization of what was formerly its protoplasm round two nuclei instead of one. Its existence as one maturing cell is a phase in a continuum of biological process that varies its rhythm at definite points of growth, starting over with multiplied instances of the immature form. Every individual in this progression that dies (i.e. meets with disaster) instead of dividing is an offshoot from the continuous process, an end, but not a break in the communal biography.

There are species of such elementary life that are diffused in air and water, and some that cohere in visible colonies; above all, there are genetically related organic structures that tend to interact, modify each other, vary in special ways, and together—often by hundreds, thousands, millions together—produce a single higher organism. In such higher organisms, propagation no longer occurs by binary fission, and consequently the individual is not a passing phase in an endless metabolic process; death, which is an accident in amoeboid existence, becomes the lot of every individual—no accident, but a phase of the life pattern itself. The only "immortal" portion of such a complex organism is a class of cells which, during its lifetime, forms new individuals.

In relatively low forms of individualized life, for instance the cryptogams, new specimens may spring entirely from one parent, so that the entire ancestry of an organism forms a single line. But the main evolutionary trend has been toward a more complex form of heredity: two cells of complementary structure, and from different individuals, fuse and grow into a common offspring. This elaborate process entails the division of the race into two sexes, and radically affects the needs and instincts of its members. For the jellyfish, the desire for continuity is enough; it seeks food and avoids destructive influence. Its rhythm is the endless metabolic cycle of cellular growth, punctuated by fissions and

rearrangements, but ageless except for the stages of each passing individuation, and in principle deathless. The higher organisms, however, that do not give themselves up by division into new units of life, are all doomed to die; death is inherent in a form of life that achieves complete individuation. The only vestige in them of the endless protoplasmic life passing through organism after organism is their production of the "immortal" cells, ova or spermatozoa; this small fraction of them still enjoys the longer life of the stock.

The sex impulse, which presumably belongs only to bisexual creatures (whatever equivalents it may have in other procreative processes), is closely intertwined with the life impulse; in a mature organism it is part and parcel of the whole vital impetus. But it is a specialized part, because the activities that maintain the individual's life are varied and adaptable to many circumstances, but procreation requires specific actions. This specialization is reflected in the emotional life of all the higher animals; sexual excitement is the most intense and at the same time the most elaborately patterned experience, having its own rhythm that engages the whole creature, its rise and crisis and cadence, in a much higher degree then any other emotive response. Consequently the whole development of feeling, sensibility, and temperament is wont to radiate from that source of vital consciousness, sexual action and passion.

Mankind has its rhythm of animal existence, too—the strain of maintaining a vital balance amid the alien and impartial chances of the world, complicated and heightened by passional desires. The pure sense of life springs from that basic rhythm, and varies from the composed well-being of sleep to the intensity of spasm, rage, or ecstasy. But the process of living is incomparably more complex for human beings than for even the highest animals; man's world is, above all, intricate and puzzling. The powers of language and imagination have set it utterly apart from that of other creatures. In human society an individual is not, like a member of a herd or a hive, exposed only to others that visibly or tangibly surround him, but is consciously bound to people who are absent, perhaps far away, at the moment. Even the dead may still play into his life. His awareness of events is far greater than the scope of his physical perceptions. Symbolic construction has made this vastly involved and extended world: and mental adroitness is his chief asset for exploiting it. The pat-

tern of his vital feeling, therefore, reflects his deep emotional relation to those symbolic structures that are his realities, and his instinctual life modified in almost every way by thought—a brainy opportunism in face of an essentially dreadful universe.

This human life-feeling is the essence of comedy. It is at once religious and ribald, knowing and defiant, social and freakishly individual. The illusion of life which the comic poet creates is the oncoming future fraught with dangers and opportunities, that is, with physical or social events occurring by chance and building up the coincidences with which individuals cope according to their lights. This ineluctable future-ineluctable because its countless factors are beyond human knowledge and control-is Fortune. Destiny in the guise of Fortune is the fabric of comedy; it is developed by comic action, which is the upset and recovery of the protagonist's equilibrium, his contest with the world and his triumph by wit, luck, personal power, or even humorous, or ironical, or philosophical acceptance of mischance. Whatever the theme-serious and lyrical as in The Tempest, coarse slapstick as in the Schwänke of Hans Sachs, or clever and polite social satire—the immediate sense of life is the underlying feeling of comedy, and dictates its rhythmically structured unity, that is to say its organic form.

Comedy is an art form that arises naturally wherever people are gathered to celebrate life, in spring festivals, triumphs, birthdays, weddings, or initiations. For it expresses the elementary strains and resolutions of animate nature, the animal drives that persist even in human nature, the delight man takes in his special mental gifts that make him the lord of creation; it is an image of human vitality holding its own in the world amid the surprises of unplanned coincidence. The most obvious occasions for the performance of comedies are thanks or challenges to fortune. What justifies the term "Comedy" is not that the ancient ritual procession, the Comus, honoring the god of that name, was the source of this great art form—for comedy has arisen in many parts of the world, where the Greek god with his particular worship was unknown—but that the Comus was a fertility rite, and the god it celebrated a fertility god, a symbol of perpetual rebirth, eternal life.

Tragedy has a different basic feeling, and therefore a different form; that is why it has also quite different thematic material, and why char-

acter development, great moral conflicts, and sacrifice are its usual actions. It is also what makes tragedy sad, as the rhythm of sheer vitality makes comedy happy. To understand this fundamental difference, we must turn once more to the biological reflections above, and carry them a little further.

In the higher forms of life, an organism is not split up into other organisms so as to let its career as an individual properly end without death and decay; each separate body, on the higher levels, having completed its growth, and normally having reproduced, becomes decadent and finally dies. Its life has a definite beginning, ascent, turning point, descent, and close (barring accidental destruction of life, such as simple cells may also suffer); and the close is inevitably death. Animals—even highly developed ones-instinctively seek to avoid death when they are suddenly confronted with it, and presumably do not realize its coming if and when they die naturally. But human beings, because of their semantically enlarged horizon, are aware of individual history as a passage from birth to death. Human life, therefore, has a different subjective pattern from animal existence; as "felt life" (to borrow Henry James' phrase once more) it has a different dimension. Youth, maturity, and age are not merely states in which a creature may happen to be, but are stages through which persons must pass. Life is a voyage, and at the end of it is death.

The power to conceive of life as a single span enables one also to think of its conduct as a single undertaking, and of a person as a unified and developed being, a personality. Youth, then, is all potentiality, not only for physical growth and procreation, but also for mental and moral growth. Bodily development is largely unconscious and involuntary, and the instincts that aid it are bent simply upon maintaining the vital rhythms from moment to moment, evading destruction, letting the organism grow in its highly specialized fashion. Its maturation, procreative drive, then a fairly long period of "holding its own" without further increase, and finally the gradual loss of impetus and elasticity—these processes form one organic evolution and dissolution. The extraordinary activity of man's brain, however, does not automatically parallel his biological career. It outruns the order of animal interests, sometimes confusing his instincts, sometimes exaggerating them (as simple sexual

passion, for instance, is heightened by imagination into romantic passion and eternal devotion), and gives his life a new pattern dominated by his foreknowledge of death. Instead of simply passing through the natural succession of his individualized existence, he ponders its uniqueness, its brevity and limitations, the life impulses that make it, and the fact that in the end the organic unity will be broken, the self will disintegrate and be no more.

There are many ways of accepting death; the commonest one is to deny its finality, to imagine a continued existence "beyond" it-by resurrection, reincarnation, or departure of the soul from the body, and usually from the familiar world, to a deathless existence in hades, nirvana, heaven or hell. But no matter how people contrive to become reconciled to their mortality, it puts its stamp on their conception of life; since the instinctive struggle to go on living is bound to meet defeat in the end, they look for as much life as possible between birth and death-for adventure. variety and intensity of experience, and the sense of growth that increase of personality and social status can give long after physical growth has stopped. The known limitation of life gives form to it and makes it appear not merely as a process, but as a career. This career of the individual is variously conceived as a "calling," the attainment of an ideal, the soul's pilgrimage, "life's ordeal," or self-realization. The last of these designations is, perhaps, the most illuminating in the present context, because it contains the notion of a limited potential personality given at birth and "realized," or systematically developed, in the course of the subject's total activity. His career, then, appears to be preformed in him; his successive adventures in the world are so many challenges to fulfill his individual destiny.

Destiny viewed in this way, as a future shaped essentially in advance and only incidentally by chance happenings, is Fate; and Fate is the "virtual future" created in tragedy. The "tragic rhythm of action," as Professor Fergusson calls it, is the rhythm of man's life at its highest powers in the limits of his unique, death-bound career. Tragedy is the image of Fate, as comedy is of Fortune. Their basic structures are different; comedy is essentially contingent, episodic, and ethnic; it expresses the continuous balance of sheer vitality that belongs to society and is exemplified briefly in each individual; tragedy is a fulfillment, and its

form therefore is closed, final and passional. Tragedy is a mature art form, that has not arisen in all parts of the world, not even in all great civilizations. Its conception requires a sense of individuality which some religions and some cultures—even high cultures—do not generate.

But that is a matter for later discussion, in connection with the tragic theater as such. At present I wish only to point out the radical nature of the difference between the two types of drama, comedy and tragedy; a difference which is, however, not one of opposites—the two forms are perfectly capable of various combinations, incorporating elements of one in the other. The matrix of the work is always either tragic or comic; but within its frame the two often interplay.

Where tragedy is generally known and accepted, comedy usually does not reach its highest development. The serious mood is reserved for the tragic stage. Yet comedy may be serious; there is heroic drama, romantic drama, political drama, all in the comic pattern, yet entirely serious; the "history" is usually exalted comedy. It presents an incident in the undying life of a society that meets good and evil fortunes on countless occasions but never concludes its quest. After the story comes more life, more destiny prepared by the world and the race. So far as the story goes, the protagonists "live happily ever after"—on earth or in heaven. That fairy-tale formula is tacitly understood at the close of a comedy. It is implicit in the episodic structure.

Dante called his great poem a comedy, though it is entirely serious—visionary, religious, and sometimes terrible. The name *Divina Commedia*, which later generations attached to it, fits it, even if not too literally since it is not actually a drama as the title suggests.<sup>3</sup> Something analogous to the comedy pattern, together with the tones of high seriousness that European poets have generally struck only in tragedy, yields a work that invites the paradoxical name.

<sup>&</sup>lt;sup>3</sup>Professor Fergusson and Mr. T. S. Eliot both treat *The Divine Comedy* as an example of genuine drama. The former even speaks of "the drama of Sophocles and Shakespeare, the *Divina Commedia* of Dante—in which the idea of a theater has been briefly realized." (*The Idea of a Theater*, p. 227.) But between drama and dramatic narrative there is a world of difference. If everything these two eminent critics say of great drama holds also for Dante's poem, this does not mean that the poem is a drama, but that the critics have reached a generalization applying to more than drama.

Paradoxical, however, only to our ears, because our religious feeling is essentially tragic, inspired by the contemplation of death. In Asia the designation "Divine Comedy" would fit numberless plays; especially in India triumphant gods, divine lovers united after various trials (as in the perennially popular romance of Rama and Sita), are the favorite themes of a theater that knows no "tragic rhythm." The classical Sanskrit drama was heroic comedy-high poetry, noble action, themes almost always taken from the myths-a serious, religiously conceived drama, yet in the "comic" pattern, which is not a complete organic development reaching a foregone, inevitable conclusion, but is episodic, restoring a lost balance, and implying a new future.4 The reason for this consistently "comic" image of life in India is obvious enough: both Hindu and Buddhist regard life as an episode in the much longer career of the soul which has to accomplish many incarnations before it reaches its goal, nirvana. Its struggles in the world do not exhaust it; in fact they are scarcely worth recording except in entertainment theater, "comedy" in our sense-satire, farce, and dialogue. The characters whose fortunes are seriously interesting are the eternal gods; and for them there is no death, no limit of potentialities, hence no fate to be fulfilled. There is only the balanced rhythm of sentience and emotion, upholding itself amid the changes of material nature.

The personages in the nataka (the Sanskrit heroic drama) do not undergo any character development; they are good or evil, as the case may be, in the last act as they were in the first. This is essentially a comedy trait. Because the comic rhythm is that of vital continuity, the protagonists do not change in the course of the play, as they normally do in tragedy. In the latter there is development, in the former developments. The comic hero plays against obstacles presented either by nature (which includes mythical monsters such as dragons, and also "forces," personified like the "Night Queen," or impersonal like floods, fires, and pests), or by society; that is, his fight is with obstacles and enemies, which his strength, wisdom, virtue, or other assets let him overcome.<sup>5</sup> It

<sup>&</sup>lt;sup>4</sup>Cf. Sylvain Lévi, Le théâtre indien, p. 32: "The heroic comedy (nataka) is the consummate type of Indian drama; all dramatic elements can find their place in it."

<sup>&</sup>lt;sup>5</sup>In Chinese drama, even exalted heroes often conquer their enemies by ruse rather than by valor; see Zucker, *The Chinese Theater*, especially p. 82.

is a fight with the uncongenial world, which he shapes to his own fortunes. Where the basic feeling of dramatic art always has the comic rhythm, comedy enjoys a much fuller development than it does where tragedy usurps its highest honors. In the great cultures of Asia it has run through all moods, from the lightest to the most solemn, and through all forms—the one-act skit, the farce, the comedy of manners, even to dramas of Wagnerian proportions.

In the European tradition the heroic comedy has had a sporadic existence; the Spanish Comedia was perhaps its only popular and extended development.6 Where it reaches something like the exalted character of the nataka, our comedy has generally been taken for tragedy, simply because of its dignity, or "sublimity," which we associate only with tragedy. Corneille and Racine considered their dramas tragedies, yet the rhythm of tragedy-the growth and full realization of a personality-is not in them; the Fate their personages meet is really misfortune, and they meet it heroically. This sad yet non-tragic character of the French classical drama has been noted by several critics. C. V. Deane, for instance, in his book, Dramatic Theory and the Rhymed Heroic Play, says of Corneille: "In his tragedies the incidents are so disposed as to bring out to the full the conflict between an overmastering will and the forces of Fate, but the interest centres in the dauntless endurance of the individual, and there is little attempt to envisage or suggest the universal moral problem inherent in the nature of Tragedy, nor do his chief characters submit to ordinary morality; each is a law unto himself by virtue of his particular kind of heroism." Earlier in the book he had already remarked on the fact that the creation of human personalities was not the aim of these playwrights;8 and in a comment on Otway's translation of Racine's Bérénice he really exposed-perhaps without realizing it himself-the true nature of their tragedies, for he said that Otway

<sup>&</sup>lt;sup>6</sup>Brander Matthews describes the *Comedia* as "often not a comedy at all in our English understanding of the term, but rather a play of intrigue, peopled with hot-blooded heroes. . . ." (Introduction to Lope De Vega Carpio's *The New Art of Writing Plays.*)

<sup>&</sup>lt;sup>7</sup>Dramatic Theory and the Rhymed Heroic Play, p. 33.

<sup>&</sup>lt;sup>8</sup>Ibid., p. 14: "It is true that during the course of its history the heroic play seldom succeeded in creating characters which were credible as human beings; this, however, was really foreign to its purpose."

was able "to reproduce the spirit of the original," though he was not scrupulously true to the French text. "Even Otway, however, adapts rather than translates," he observed, "and the tilt toward the happy ending in his version betrays an acquiescence in the stereotyped poetic justice which the English playwrights (appreciably influenced by Corneille's practice) deemed inseparable from the interplay of heroism and honor." (P. 19.)

How could a translator-editor bring a tragic play to a happy ending and still "reproduce the spirit of the original"? Only by virtue of the non-tragic structure, the fundamentally comic movement of the piece, These stately Gallic classics are really heroic comedies. They are classed as tragedies because of their sublime tone, which is associated, in our European tradition, with tragic action,9 but (as Sylvain Lévi pointed out)10 they are really similar in spirit and form to the nataka. Corneille's and Racine's heroic characters are godlike in their rationality; like the divine beings of Kalidasa and Bhavabhuti, they undergo no real agon, no great moral struggle or conflict of passions. Their morality (however extraordinary) is perfect, their principles clear and coherent, and the action derives from the changes of fortune that they meet. Fortune can bring sad or happy occasions, and a different course of events need not violate "the spirit of the original." But there is no question of how the heroes will meet circumstances; they will meet them rationally; reason. the highest virtue of the human soul, will be victorious. This reason does not grow, through inner struggles against passional obstacles, from an

<sup>&</sup>lt;sup>9</sup>The strength of this association is so great that some critics actually treat "sublimity" as the necessary and sufficient condition for tragedy. Racine himself said: "It is enough that its action be great, its actors heroic, that the passions be excited in it; and that the whole give the experience of majestic sadness in which the whole pleasure of tragedy resides." (Quoted by Fergusson, op. cit., p. 43.)

The same criteria are evidently applied by Professor Zucker when he writes: "Tragedy is not found in the Chinese drama. The plays abound in sad situations, but there is none that by its nobility or sublimity would deserve to be called tragic." (Op. cit., p. 37.) Jack Chen, on the other hand, in his book The Chinese Theater, says that during the Ching dynasty "Historical tragedy was greatly in vogue. The Bloodstained Fan dealing with the last days of the Mings and The Palace of Eternal Life . . . are perennially popular even today." (P. 20.) The last-named play, which deals with the death of Lady Yang, is certainly a genuine tragedy.

<sup>&</sup>lt;sup>10</sup>See Le théâtre indien, p. 425.

original spark to full enlightenment, as "the tragic rhythm of action" would demand, but is perfect from the outset.11

Romantic drama such as Schiller's Wilhelm Tell illustrates the same principle. It is another species of serious heroic comedy. Tell appears as an exemplary personage in the beginning of the play, as citizen, husband, father, friend and patriot; when an extreme political and social crisis develops, he rises to the occasion, overcomes the enemy, frees his country, and returns to the peace, dignity and harmonious joy of his home. The balance of life is restored. As a personage he is impressive; as a personality he is very simple. He has the standard emotions—righteous indignation, paternal love, patriotic fervor, pride, anxiety, etc.—under their obvious conditions. Nothing in the action requires him to be more than a man of high courage, independent spirit, and such other virtues as the mountaineers of Switzerland boasted, to oppose the arrogance and vanity of foreign oppressors. But this ideal male he was from the start, and the Gessler episode merely gives him opportunity to show his indomitable skill and daring.

Such are the serious products of comic art; they are also its rarer examples. The natural vein of comedy is humorous—so much so that "comic" has become synonymous with "funny." Because the word "comic" is here used in a somewhat technical sense (contrasting "the comic rhythm" with "the tragic rhythm"), it may be well to say "comical" where the popular sense is intended. There are all degrees of humor in comedy, from the quick repartee that elicits a smile by its cleverness without being intrinsically funny at all, to the absurdity that sets young and old, simple or sophisticate, shouting with merriment. Humor has its place in all the arts, but in comic drama is has its home. Comedy may be frivolous, farcical, ribald, ludicrous to any degree, and still be true art. Laughter springs from its very structure.

<sup>11</sup>Cf. Fergusson's analysis of Bérénice: "The scenes of dialogue correspond to the agons; but the polite exchange between Arsace and Antiochus, in the first act, is far from the terrible conflict between Oedipus and Tiresias, wherein the moral beings of the antagonists are at stake. . . . [In Bérénice] the moral being is unmistakable and impossible to lose while the stage life continues at all . . . the very possibility of the interchange depends upon the authority of reason, which secures the moral being in any contingency. . . But if the moral being is ex hypothesi secure, . . . there cannot be a pathos in the Sophoclean sense at all." (Op. cit., p. 52.)

There is a close relation between humor and the "sense of life," and several people have tried to analyze it in order to find the basis of that characteristically human function, laughter; the chief weakness in their attempts has been, I think, that they have all started with the question: What sort of thing makes us laugh? Certainly laughter is often evoked by ideas, cognitions, fancies; it accompanies specific emotions such as disdain, and sometimes the feeling of pleasure; but we also laugh when we are tickled (which may not be pleasurable at all), and in hysterics. Those predominantly physiological causes bear no direct relation to humor; neither, for that matter, do some kinds of pleasure. Humor is one of the causes of laughter.

Marcel Pagnol, who published his theory of laughter in a little book entitled *Notes sur le rire*, remarks that his predecessors—he names particularly Bergson, Fabre, and Mélinand—all sought the source of laughter in funny things or situations, i.e. in nature, whereas it really lies in the subject who laughs. Laughter always—without exception—betokens a sudden sense of superiority. "Laughter is a song of triumph," he says. "It expresses the laugher's sudden discovery of his own momentary superiority over the person he laughs at." This, he maintains, "explains all bursts of laughter in all times and all countries," and lets us dispense with all classifications of laughter by different kinds or causes: "One cannot classify or arrange in categories the radii of a circle." 12

Yet he proceeds directly to divide laughter into "positive" and "negative" kinds, according to its social or antisocial inspiration. This indicates that we are still dealing with *ludicrous situations*, though these situations always involve the person to whom they are ludicrous, so it may be said that "the source of the comical is in the laugher." The situation, moreover, is something the subject must discover, that is, laughter requires a conceptual element; on that M. Pagnol agrees with Bergson, Mélinand, and Fabre. Whether, according to Bergson's much-debated view, we see living beings following the law of mechanism, or see absurdity in midst of plausibility as Mélinand says, or, as Fabre has it, create a

<sup>&</sup>lt;sup>12</sup>Notes sur le rire, p. 41. His argumentation is, unfortunately, not as good as his ideas, and finally leads him to include the song of the nightingale and the rooster's crow as forms of laughter.

<sup>&</sup>lt;sup>13</sup>*Ibid.*, p. 17.

confusion only to dispel it suddenly, we feel our own superiority in detecting the irrational element; more particularly, we feel superior to those who perform mechanical actions, introduce absurdities, or make confusions. Therefore M. Pagnol claims that his definition of the laughable applies to all these supposedly typical situations.

It probably does; but it is still too narrow. What is laughable does not explain the nature of laughter, any more than what is rational explains the nature of reason. The ultimate source of laughter is physiological, and the various situations in which it arises are simply its normal or abnormal stimuli.

Laughter, or the tendency to laugh (the reaction may stop short of the actual respiratory spasm, and affect only the facial muscles, or even meet with complete inhibition) seems to arise from a surge of vital feeling. This surge may be quite small, just so it be sudden enough to be felt distinctly; but it may also be great, and not particularly swift, and reach a marked climax, at which point we laugh or smile with joy. Laughter is not a simple overt act, as the single word suggests; it is the spectacular end of a complex process. As speech is the culmination of a mental activity, laughter is a culmination of feeling—the crest of a wave of felt vitality.

A sudden sense of superiority entails such a "lift" of vital feeling. But the "lift" may occur without self-flattery, too; we need not be making fun of anyone. A baby will laugh uproariously at a toy that is made to appear suddenly, again and again, over the edge of the crib or the back of a chair. It would take artful interpretation to demonstrate that this fulfillment of his tense expectation makes him feel superior. Superior to whom? The doll? A baby of eight or nine months is not socialized enough yet to think: "There, I knew you were coming!" and believe that the doll couldn't fool him. Such self-applause requires language, and enough experience to estimate probabilities. The baby laughs because his wish is gratified; not because he believes the doll obeyed his wishing, but simply because the suspense is broken, and his energies are released. The sudden pleasure raises his general feeling tone, so he laughs.

In so-called "gallows humor"—the harsh laugh in distress—the "lift" of vital feeling is simply a flash of self-assertion. Something similar probably causes the mirthless laughter of hysterics: in the disorganized re-

sponse of a hysterical person, the sense of vitality breaks through fear and depression spasmodically, so that it causes explosive laughter, sometimes alternating with sobs and tears.

Laughter is, indeed, a more elementary thing than humor. We often laugh without finding any person, object, or situation funny. People laugh for joy in active sport, in dancing, in greeting friends; in returning a smile, one acknowledges another person's worth instead of flaunting one's own superiority and finding him funny.

But all these causes of laughter or its reduced form, smiling, which operate directly on us, belong to actual life. In comedy the spectator's laugh has only one legitimate source: his appreciation of humor in the piece. He does not laugh with the characters, not even at them, but at their acts—at their situations, their doings, their expressions, often at their dismay. M. Pagnol holds that we laugh at the characters directly, and regards that as a corroboration of his theory: our pleasure in the comic theater lies in watching people to whom we feel superior.<sup>14</sup>

There is, however, one serious defect in that view, namely that it supposes the spectator to be aware of himself as a being in the same "world" as the characters. To compare them, even subconsciously, to himself he must give up his psychical Distance and feel himself copresent with them, as one reads an anecdotal news item as something apart from one's own life but still in the actual world, and is moved to say: "How could she do such a thing! Imagine being so foolish!" If he experiences such a reaction in the theater, it is something quite aside from his perception of the play as a poetic fabrication; he has lost, for the moment, his Distance, and feels himself inside the picture.

Humor, then, would be a by-product of comedy, not a structural element in it. And if laughter were elicited thus by the way, it should not make any difference to the value of the work where it occurred; a stage accident, a bad actor who made every amateur actor in the audience feel superior, should serve as well as any clever line or funny situation in the play to amuse the audience. We do, in fact, laugh at such failures; but we do not praise the comedy for that entertainment. In a good play the "laughs" are poetic elements. Its humor as well as its pathos belongs

<sup>14</sup> Ibid., p. 92. There is further discussion of this problem at the end of the present chapter.

to the virtual life, and the delight we take in it is delight in something created for our perception, not a direct stimulus to our own feelings. It is true that the comical figures are often buffoons, simpletons, clowns; but such characters are almost always sympathetic, and although they are knocked around and abused, they are indestructible, and eternally self-confident and good-humored.

The buffoon is, in fact, an important comic personage, especially in folk theater. He is essentially a folk character, that has persisted through the more sophisticated and literary stages of comedy as Harlequin, Pierrot, the Persian Karaguez, the Elizabethan jester or fool, the Vidusaka of Sanskrit drama; but in the humbler theatrical forms that entertained the poor and especially the peasantry everywhere before the movies came, the buffoon had a more vigorous existence as Hans Wurst, as Punch of the puppet show, the clown of pantomime, the Turkish Karagöz (borrowed from Persian tradition) who belongs only to the shadow play. 15 These anciently popular personages show what the buffoon really is: the indomitable living creature fending for itself, tumbling and stumbling (as the clown physically illustrates) from one situation into another, getting into scrape after scrape and getting out again, with or without a thrashing. He is the personified élan vital; his chance adventures and misadventures, without much plot, though often with bizarre complications, his absurd expectations and disappointments, in fact his whole improvised existence has the rhythm of primitive, savage, if not animalian life, coping with a world that is forever taking new uncalculated turns, frustrating, but exciting. He is neither a good man nor a bad one, but is genuinely amoral,-now triumphant, now worsted and rueful, but in his ruefulness and dismay he is funny, because his energy is really unimpaired and each failure prepares the situation for a new fantastic move.16 The most forthright of these infantilists is the English Punch, who carries out every impulse by force and speed of action-chastises his wife, throws his child out of the window, beats the policeman, and finally spears the devil and carries him out triumphantly on a pitchfork. Punch is not a real buffoon, he is too successful; his appeal is probably a sub-

<sup>&</sup>lt;sup>15</sup>See N. N. Martinovitch, The Turkish Theater, passim.

<sup>&</sup>lt;sup>16</sup>Falstaff is a perfect example of the buffoon raised to a human "character" in comedy.

jective one, to people's repressed desires for general vengeance, revolt, and destruction. He is psychologically interesting, but really a degenerated and stereotyped figure, and as such he has little artistic value because he has no further poetic progeny. What has caused his persistence in a single, mainly vulgar, and not particularly witty role, I do not know, nor is this the place to investigate it; but when he first appeared in England as Punchinello, borrowed from the Italian marionettes, he was still the pure comic protagonist. According to a statement of R. M. Wheeler in the Encyclopaedia Britannica, which we may, presumably, take as authority, "The older Punchinello was far less restricted in his actions and circumstances than his modern successor. He fought with allegorical figures representing want and weariness as well as with his wife and with the police, was on intimate terms with the patriarchs and the seven champions of Christendom, sat on the lap of the queen of Sheba, had kings and dukes for his companions, and cheated the Inquisition as well as the common hangman."

The high company this original Punch keeps is quite in accordance with the dignified settings in which he makes his appearance. From the same article we learn that the earliest recorded appearances of Punch in England were in a puppet play of the Creation of the World, and in another representing the Deluge. To the modern, solemn religious mind, scriptural stories may seem a strange context for such a secular character, and perhaps this apparent incongruity has led to the widespread belief that the clown in modern comedy derives from the devil of mediaeval miracle plays.<sup>17</sup> The devil is, of course, quite at home in sacred realms. It is not impossible that this relation between devil and fool (in his various forms as clown, jester, freak) really holds; yet if it does, that is a historical accident, due to the peculiar Christian conception that identifies the devil with the flesh, and sin with lust. Such a conception brings the spirit of life and the father of all evil, which are usually poles apart, very close together. For there is no denying that the Fool is a redblooded fellow; he is, in fact, close to the animal world; in French tradition he wears a cockscomb on his cap, and Punchinello's nose is probably the residue of a beak. He is all motion, whim, and impulse-the "libido" itself.

<sup>&</sup>lt;sup>17</sup>See the article "Clown" (unsigned) in the Encyclopaedia Britannica.

But he is probably older than the Christian devil, and does not need any connection with that worthy to let him into religious precincts. He has always been close to the gods. If we view him as the representative of mankind in its struggle with the world, it is clear at once why his antics and impertinences are often an integral part of religious rites—why, for instance, the clowning orders in Pueblo society were held in high honor:<sup>18</sup> the clown is Life, he is the Will, he is the Brain, and by the same token he is nature's fool. From the primitive exuberant religions that celebrate fertility and growth he tends ever to come into the ascetic cults, and tumble and juggle in all innocence before the Virgin.

In comedy the stock figure of the buffoon is an obvious device for building up the comic rhythm, i.e. the image of Fortune. But in the development of the art he does not remain the central figure that he was in the folk theater; the lilt and balance of life which he introduced, once it has been grasped, is rendered in more subtle poetic inventions involving plausible characters, and an *intrigue* (as the French call it) that makes for a coherent, over-all, dramatic action. Sometimes he remains as a jester, servant, or other subsidiary character whose comments, silly or witty or shrewd, serve to point the essentially comic pattern of the action, where the verisimilitude and complexity of the stage-life threaten to obscure its basic form. Those points are normally "laughs"; and that brings us to the aesthetic problem of the joke in comedy.

Because comedy abstracts, and reincarnates for our perception, the motion and rhythm of living, it enhances our vital feeling, much as the presentation of space in painting enhances our awareness of visual space. The virtual life on the stage is not diffuse and only half felt, as actual life usually is: virtual life, always moving visibly into the future, is intensified, speeded up, exaggerated; the exhibition of vitality rises to a breaking point, to mirth and laughter. We laugh in the theater at small incidents and drolleries which would hardly rate a chuckle off-stage. It is not for such psychological reasons that we go there to be amused, nor are we bound by rules of politeness to hide our hilarity, but these trifles at which we laugh are really funnier where they occur than they would

<sup>&</sup>lt;sup>18</sup>On the secret societies of clowns, see F. H. Cushing, *Zuni Creation Myths* (Report of the Bureau of American Ethnology, 1892), concerning the order of "Koyemshi" ("Mudheads").

be elsewhere; they are employed in the play, not merely brought in casually. They occur where the tension of dialogue or other action reaches a high point. As thought breaks into speech—as the wave breaks into form—vitality breaks into humor.

Humor is the brilliance of drama, a sudden heightening of the vital rhythm. A good comedy, therefore, builds up to every laugh; a performance that has been filled up with jokes at the indiscretion of the comedian or of his writer may draw a long series of laughs, yet leave the spectator without any clear impression of a very funny play. The laughs, moreover, are likely to be of a peculiar sameness, almost perfunctory, the formal recognition of a timely "gag."

The amoral character of the comic protagonist goes through the whole range of what may be called the comedy of laughter. Even the most civilized products of this art—plays that George Meredith would honor with the name of "comedy," because they provoke "thoughtful laughter"—do not present moral distinctions and issues, but only the ways of wisdom and of folly. Aristophanes, Menander, Molière—practically the only authors this most exacting of critics admitted as truly comic poets—are not moralists, yet they do not flaunt or deprecate morality; they have, literally, "no use" for moral principles—that is, they do not use them. Meredith, like practically all his contemporaries, labored under the belief that poetry must teach society lessons, and that comedy was valuable for what it revealed concerning the social order. He tried hard to hold its exposé of foibles and vindication of common sense to an ethical standard, yet in his very efforts to justify its amoral personages he only admitted their amoral nature, and their simple relish for life, as when he

<sup>19</sup>His well-known little work is called An Essay on Comedy, and the Uses of the Comic Spirit. These uses are entirely non-artistic. Praising the virtues of "good sense" (which is whatever has survival value in the eyes of society), he says: "The French have a school of stately comedy to which they can fly for renovation whenever they have fallen away from it; and their having such a school is the main reason why, as John Stuart Mill pointed out, they know men and women more accurately than we do." (Pp. 13-14.) And a few pages later: "The Femmes Savantes is a capital instance of the uses of comedy in teaching the world to understand what ails it. The French had felt the burden of this new nonsense [the fad of academic learning, new after the fad of excessive nicety and precision in speech, that had marked the Precieuses]; but they had to see the comedy several times before they were consoled in their suffering by seeing the cause of it exposed." (Pp. 19-20.)

said: "The heroines of comedy are like women of the world, not necessarily heartless from being clear-sighted. . . . Comedy is an exhibition of their battle with men, and that of men with them. . . ."

There it is, in a nutshell: the contest of men and women—the most universal contest, humanized, in fact civilized, yet still the primitive joyful challenge, the self-preservation and self-assertion whose progress is the comic rhythm.

This rhythm is capable of the most diverse presentations. That is why the art of comedy grows, in every culture, from casual beginnings -miming, clowning, sometimes erotic dancing-to some special and distinctive dramatic art, and sometimes to many forms of it within one culture, yet never seems to repeat its works. It may produce a tradition of dignified drama, springing from solemn ritual, even funereal, its emotional movement too slow to culminate in humor at any point; then other means have to be found to lend it glamor and intensity. The purest heroic comedy is likely to have no humorous passages at all, but to employ the jester only in an ornamental way reminiscent of tragedy, and in fact to use many techniques of tragedy. It may even seem to transcend the amoral comic pattern by presenting virtuous heroes and heroines. But their virtue is a formal affair, a social asset; as Deane remarked of the French classic heroes,20 they do not submit to ordinary morality; their morality is "heroism," which is essentially strength, will, and endurance in face of the world. Neither have the divinities of oriental drama any "ordinary morality"; they are perfect in virtue when they slay and when they spare, their goodness is glory, and their will is law. They are Superman, the Hero, and the basic pattern of their conquest over enemies whose only wickedness is resistance, is the amoral life pattern of fencing with the devil-man against death.

Humor, then, is not the essence of comedy, but only one of its most useful and natural elements. It is also its most problematical element, because it elicits from the spectators what appears to be a direct emotional response to persons on the stage, in no wise different from their response to actual people: amusement, laughter.

The phenomenon of laughter in the theater brings into sharp focus the whole question of the distinction between emotion symbolically presented,

<sup>&</sup>lt;sup>20</sup>Cf. supra, p. 336.

and emotion directly stimulated; it is, indeed, a pons asinorum of the theory that this distinction is radical, because it presents us with what is probably the most difficult example. The audience's laugh at a good play is, of course, self-expressive, and betokens a "lift" of vital feeling in each laughing person. Yet it has a different character from laughter in conversation, or in the street when the wind carries off a hat with the "hair-do" attached, or in the "laugh house" at an amusement park where the willing victims meet distorting mirrors and things that say "boo." All these laughs of daily life are direct responses to separate stimuli; they may be as sporadic as the jokes bandied in a lively company, or may be strung along purposely like the expected and yet unforeseen events in the "laugh house," yet they remain so many personal encounters that seem funny only if one is in the mood for them. Sometimes we reject witticisms and are bored with tricks and clowning.

It is different in the theater: the play possesses us and breaks our mood. It does not change it, but simply abrogates it. Even if we come in a jovial mood, this does not notably increase our appreciation of humor in the play; for the humor in a good comedy does not strike us directly. What strikes us directly is the dramatic illusion, the stage action as it evolves; and the joke, instead of being as funny as our personal response would make it, seems as funny as its occurrence in the total action makes it. A very mild joke in just the right place may score a big laugh. The action culminates in a witticism, an absurdity, a surprise; the spectators laugh. But after their outburst there is not the letdown that follows an ordinary laugh, because the play moves on without the breathing spell we usually give our own thought and feeling after a joke. The action carries over from one laugh to another, sometimes fairly far spaced; people are laughing at the play, not at a string of jokes.

Humor in comedy (as, indeed, in all humorous art) belongs to the work, not to our actual surroundings; and if it is borrowed from the actual world, its appearance in the work is what really makes it funny. Political or topical allusions in a play amuse us because they are used, not because they refer to something intrinsically very comical. This device of playing with things from actual life is so sure to bring laughs that the average comic writer and improvising comedian overdoes it to the point of artistic ruin; hence the constant flood of "shows" that have

immense popularity but no dramatic core, so they do not outlive the hour of their passing allusions.

Real comedy sets up in the audience a sense of general exhilaration, because it presents the very image of "livingness" and the perception of it is exciting. Whatever the story may be, it takes the form of a temporary triumph over the surrounding world, complicated, and thus stretched out, by an involved succession of coincidences. This illusion of life, the stage-life, has a rhythm of feeling which is not transmitted to us by separate successive stimulations, but rather by our perception of its entire Gestalt—a whole world moving into its own future. The "livingness" of the human world is abstracted, composed, and presented to us; with it the high points of the composition that are illuminated by humor. They belong to the life we see, and our laugh belongs to the theatrical exhilaration, which is universally human and impersonal.<sup>21</sup> It is not what the joke happens to mean to us that measures our laughter, but what the joke does in the play.

For this reason we tend to laugh at things in the theater that we might not find funny in actuality. The technique of comedy often has to clear the way for its humor by forestalling any backsliding into "the world of anxious interest and selfish solicitude." It does this by various devices—absurd coincidences, stereotyped expressions of feeling (like the clown's wails of dismay), a quickened pace of action, and other unrealistic effects which serve to emphasize the comic structure. As Professor Fergusson said, "when we understand a comic convention we see the play with godlike omniscience. . . . When Scaramouche gets a beating, we do not feel the blows, but the idea of a beating, at that moment, strikes us as funny. If the beating is too realistic, if it breaks the light rhythm of thought, the fun is gone, and the comedy destroyed."<sup>22</sup>

That "light rhythm of thought" is the rhythm of life; and the reason it is "light" is that all creatures love life, and the symbolization of its impetus and flow makes us really aware of it. The conflict with the world whereby a living being maintains its own complex organic unity is a delightful encounter; the world is as promising and alluring as it is dangerous and opposed. The feeling of comedy is a feeling of heightened

<sup>&</sup>lt;sup>21</sup>The reader is referred to the Hindu view mentioned in Chap. 17, p. 323.

<sup>22</sup>Op. cit., pp. 178-179.

vitality, challenged wit and will, engaged in the great game with Chance. The real antagonist is the World. Since the personal antagonist in the play is really that great challenger, he is rarely a complete villain; he is interesting, entertaining, his defeat is a hilarious success but not his destruction. There is no permanent defeat and permanent human triumph except in tragedy; for nature must go on if life goes on, and the world that presents all obstacles also supplies the zest of life. In comedy, therefore, there is a general trivialization of the human battle. Its dangers are not real disasters, but embarrassment and loss of face. That is why comedy is "light" compared to tragedy, which exhibits an exactly opposite tendency to general exaggeration of issues and personalities.

The same impulse that drove people, even in prehistoric times, to enact fertility rites and celebrate all phases of their biological existence. sustains their eternal interest in comedy. It is in the nature of comedy to be erotic, risqué, and sensuous if not sensual, impious, and even wicked. This assures it a spontaneous emotional interest, yet a dangerous one: for it is easy and tempting to command an audience by direct stimulation of feeling and fantasy, not by artistic power. But where the formulation of feeling is really achieved, it probably reflects the whole development of mankind and man's world, for feeling is the intaglio image of reality. The sense of precariousness that is the typical tension of light comedy was undoubtedly developed in the eternal struggle with chance that every farmer knows only too well-with weather, blights, beasts, birds and beetles. The embarrassments, perplexities and mounting panic which characterize that favorite genre, comedy of manners, may still reflect the toils of ritual and taboo that complicated the caveman's existence. Even the element of aggressiveness in comic action serves to develop a fundamental trait of the comic rhythm-the deep cruelty of it, as all life feeds on life. There is no biological truth that feeling does not reflect, and that good comedy, therefore, will not be prone to reveal.

But the fact that the rhythm of comedy is the basic rhythm of life does not mean that biological existence is the "deeper meaning" of all its themes, and that to understand the play is to interpret all the characters as symbols and the story as a parable, a disguised rite of spring or fertility magic, performed four hundred and fifty times on Broadway. The stock characters are probably symbolic both in origin and in appeal.

There are such independently symbolic factors, or residues of them, in all the arts,<sup>23</sup> but their value for art lies in the degree to which their significance can be "swallowed" by the single symbol, the art work. Not the derivation of personages and situations, but of the rhythm of "felt life" that the poet puts upon them, seems to me to be of artistic importance: the essential comic feeling, which is the sentient aspect of organic unity, growth, and self-preservation.

<sup>&</sup>lt;sup>23</sup>E.g., the symbolization of the zodiac in some sacred architecture, of our bodily orientation in the picture plane, or of walking measure, a primitive measure of actual time, in music. But a study of such non-artistic symbolic functions would require a monograph.